



'Cancer Coach' Volunteer Facilitator

About Cancer Support UK

Cancer Support UK is a charity providing practical and emotional support to people living with cancer, both during and after the treatment period. We support people with all different types of cancer across the UK. We currently have two main services – Cancer Kits and Cancer Coach.

What is Cancer Coach?

Our 'Cancer Coach' telephone support group is available to anyone who has completed their hospital based cancer treatment and needs some help with dealing with the emotional impact of their diagnosis.

Cancer Coach is for anyone over the age of 18 who has completed treatment for cancer, regardless of whether they finished treatment a few months ago or a few years ago. Participants can be based anywhere in the UK and it is suitable for anyone regardless of their cancer type.

The course takes participants through a series of facilitated group discussions and topics, delivered over the telephone. The calls take place every week for 6 weeks, with approx. 5-6 participants per course. Each course is facilitated by a trained volunteer and is free of charge and confidential, with participants accessing the course in the comfort and privacy of their own home.

The volunteer role:

Cancer Coach Facilitators will be responsible for facilitating the Cancer Coach courses, which offer support and guidance on a range of emotional issues to people who have completed their hospital based treatment. The volunteer will represent Cancer Support UK, ensure each course is facilitated smoothly and work with the Service Development Manager to ensure any issues or concerns regarding participants are raised appropriately and timeously.

Key Responsibilities:

- To lead a regular, structured Cancer Coach courses for groups of up to six people over the telephone.
- To follow a structured but flexible programme to facilitate discussions and to share and discuss tips and tools with the group each week.
- To support the monitoring of the programme through weekly reporting.
- To deal appropriately with confidential and sensitive material.
- To report any concerns to your Cancer Support UK contact in line with our safeguarding procedures.

- To be available for regular support and supervision sessions.

All volunteers must be over the age of 18, and can be based anywhere in the UK.

Role Duration and Commitment:

We ask that volunteers aim to deliver between 2-3 courses per year. All volunteers are asked to commit to the full duration of each 6 weeks course they deliver to ensure there is continuity for the participants.

Person Specification – Skills, Abilities and Attitude:

- Ideally have experience of facilitating groups, counselling, coaching or leading training sessions
- Ideally have experience of supporting and working with people with a long term or life limiting illness
- Excellent communication skills, including good listening skills.
- Patient, empathetic and non-judgemental.
- Warm, approachable and able to put people at ease
- Ability to work independently but know when to seek advice or report concerns.

Benefits for You:

- Enhancing the lives of people who are living with or have had cancer.
- Working alongside new people.
- The opportunity to develop new skills and interests.
- Full support and training.
- Feeling part of a worthwhile charity.

You Will Need:

- Use of a phone in a private area so that the confidentiality of the participants can be maintained
- IT skills, access to a PC and an internet connection are desirable for online reporting

Expenses:

All Cancer Coach calls are made through a Freephone conference facility so every call is free of charge to the volunteer and the participants. Any further agreed receipted 'out of pocket' expenses incurred during the course of your volunteering will be paid in accordance with

Cancer Support UK's expenses policy.

How to Apply:

If you are interested in becoming a Cancer Coach facilitator we would love to hear from you. You can apply by visiting www.cancersupportuk.org and filling in the online form or by emailing hello@cancersupportuk.org.